



# TEXAS COUNSELING

Individual, Couples, Family  
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## ADULT INTAKE FORM

Date of First Session:  Diagnosis:

### Personal Data:

Date:

Name:

Address:

City:  Zip:

Telephone number:  (day)  (evening)

Email:

Preferred method of contact:  Home  Work  Cell

Ok to leave message/text at above numbers?  Yes  No

DOB:  Age:  Occupation:

Employer:

Student Status (if attending school):  Full-time  Part-time

Who referred you?

With whom are you now living? (list people)

Where do you reside?  house  hotel  room  apartment  other

**Clinical Information:**

What is happening in your life which resulted in this appointment?

Whom have you previously consulted about your present problem(s)?

Are you taking any medication? If “yes”, what, how much, and with what results?

What is there about your present behavior that you would like to change?

What feelings do you wish to alter (e.g., increase or decrease)?

What would you like to see accomplished in therapy? List at least 3 goals.

1.

2.

3.

4.

5.